## GIVE IN LENT CALENDAR

Please check to find out the opening times during Lent and to check if there is anything in particular we're running short of. You can find our food bank details here:

https://lichfield.foodbank.org.uk/give-help/donate-money/

14 February			
Tinned fruit 1	UHT milk 2	Squash 3	Long life sponge pudding pudding
Jam 5	Biscuits Biscuits 6	Tinned fruit 7	Tinned fish 8
Rice P	Coffee (instant)	Cooking sauce	Cereal Cereal 12
UHT milk 13	Tinned tomatoes 14	Toilet roll	Tinned vegetables 16
Custard 17	Long life fruit juice 18	Deodorant <b>19</b>	Tinned meat 20
Chocolate bars 21	Crackers 22	Shower gel 23	Lentils 24
Instant instant mashed potato 25	Angel Angel Delight Colgate 26	Cooking sauce 27	Custard 28
Crisps 29	Washing up liquid 30	Laundry detergent 31	Tinned meat 32
Toothpaste 33	Peanut butter Peanut butter 34	Tinned tomatoes 35	Shampoo 36
Tinned wegetables vegetables	Tinned potatoes 38	Coffee (instant)	30 March Tinned meat 40

Please deliver food donations to collection boxes in local supermarkets & Churches.

For larger donations please contact:

Operations@lichfield.foodbank.org.uk to arrange to drop off at the warehouse located at Saxon Hill Academy, King's Hill Rd, Lichfield WS14 9DE

## Contact

info@lichfield.foodbank.org.uk 07833 741958

